Tilak Maharashtra Vidyapeeth

Jaynatrao Tilak College of Physiotherapy

Faculty Details 2025.

1. Dr. Gajanan Bhalerao(PT)

Designation and speciality: Principal and Professor (Neurosciences)



Bio: Dr. Gajanan Bhalerao holds master's degree in Neurosciences. He is a Certified Adult NDT therapist (NDTA USA), and also Certified Aquatic therapist from Kliniken Valens Switzerland. Hehas a vast clinical and academic experiences with more than 16 research publications in national and international journal.

Achievements: Recipient of Young Presenter's Scholarship Award in international congress on Neurology and Rehabilitation (ICNR) 2010, Goa & also awarded as second Best Paper in All Medicine faculty in scientific paper presentation at AVISHKAR MUHS Intra-University level, at Nashik 2010, State level research competition.

2. Dr. Venkataseshan Neelmegham(PT)

Designation: Professor (Musculoskeletal Sciences)



Bio: Dr. VenkataseshanNeelmegham holds a masters degree in Musculoskeletal Physiotherapy. He has a vast clinical and academic experience of more than 14 years. He has promoted exploration of practical learning by teachings various hands-on sessions. He has more than 6 scientific research publications in national and international journal.

Achievements: Recipient of the best teachers award.

3. Dr.Snehal Patel (PT)

Designation: Professor (Neurosciences)



Bio: Dr. Snehal Patel holds a master's degree in Neurosciences. She has a vast clinical and academic experience of more than 10 years. She is a accomplished Professor and uses various innovative teaching learning methods in for her Practical sessions. She brings extensive evidence-based learning for the students and holds a patent.

4. Dr. Chandra Iyer(PT)

Designation: Professor (Musculoskeletal Sciences)



Bio: Dr. Chandra Iyer holds a master's degree in Musculoskeletal Physiotherapy. She has a vast clinical and academic experience of more than 6 years. She teaches various evidence based practical sessions to advance Physiotherapeutic skill and often publishing the findings in peer-reviewed journals.

5. Dr. Abhijeet Toshniwal(PT)

Designation: Professor (Neurosciences)



Bio:Dr. Abhijeet Toshniwal PT is a Professor with more than 11 years of academic experience. He holds Masters degree in Adult Neurosciences. He has a vast clinical experience and also a researcher in the field of Neurological Cases. He is a Certified Dry Needling Therapist He has also presented paper in D Y patil Electrotherapy Conference

6. Dr.Rutuja Kowale (PT)

Designation: Professor (Community Health and Rehabilitation)



Bio: Dr. Rutuja Kowale is a Professor and HOD in Community Physiotherapy with 9.8 years of academic experience. She holds Masters degree in General and Community Based Rehabilitation.

Achievements: Award of Excellence and Gold Medal in Physiosurge National Research 2025.

7. Avani Pal(PT)

Designation: Professor(community Health and Rehabilitation)



Bio: Dr. Avani pal is a Professor in Community Health and Rehabilitation. She holds masters degree in Community Health and Rehabilitation. She uses various teaching learning methods in her lectures and practicals.

8. Dr. Dhanashree P.Shinde (PT)

Designation: Associate Professor (Cardiovascular and Respiratory Sciences)



Bio: Dr.Dhanashree P.Shinde is a distinguished Associate Professor in Physiotherapy, specializing in Cardiovascular and Respiratory Physiotherapy. With as robust academic background with more than 6 years, she seamlessly integrates evidence-based practice with impactful teaching methodologies. Her clinical expertise encompasses intensive care unit(ICU), surgical care unit, medicine care unit, cardiac care unit, and pulmonary rehabilitation.

Achievements: She is contributing author in the book titled "Path to Diabetes Mellitus Type 2 Remission" and have more than 10 research publications in national and international journal.

9. Dr.Siddhima Hardikar (PT)

Designation: Associate Professor (Neurosciences)



Bio:Dr.Siddhima Hardikar is an Associate Professor with more than 5 years of academic experience. She holds a master's degree in Neurosciences. She has a vast clinical experience and is also avid researcher in the field of metabolic disorders.

Achievements: She has won 1st prize in scientific paper presentation at a National conference held by DY Patil college, Pune. She is also the author of book Hyperinsulinemia and Insulin Resistance in Clinical Practice.

10. Dr. Minakshi Korvi(PT)

Designation: Associate Professor (Musculoskeletal Sciences)



Bio: Dr. Minakshi Korvi has academic experience of more than 5 years in Musculoskeletal Sciences. She uses various innovative teaching learning methods for her lectures and practicals.

Achievements: awarded with Megharjuna puraskar in 2020.

11. Dr. Manish Ray (PT)

Designation: Associate Professor (Neurosciences)



Bio: Dr. Manish Ray (PT) is a physiotherapist specializing in Neuro Physiotherapy, with a strong focus on spinal cord injuries, stroke, and various neurological disorders. He holds a Master's degree (M.P.Th) in Neuro Physiotherapy from Sancheti Institute College of Physiotherapy, Pune. He has academic experience of 6+ years and 10+years of clinical experience. Dr. Ray's professional development includes certifications in NDT/Bobath for stroke and brain injury, PNF Levels 3a (IPNFA), Water Specific Therapy and Bad Ragaz Ring Method.

Achievements: His achievements include serving as the Team Physiotherapist for the Indian National Para-Cycling Team at the 6th Asian Road Cycling Championship (Bahrain, 2017). He has also authored a book on scapulothoracic muscle strength in volleyball players.

12. Dr.Sanat Kulkarni (PT)

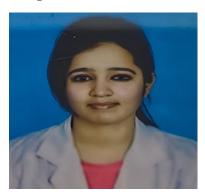
Designation: Associate Professor (Neurosciences)



Bio: Dr.Sanat Kulkarni is an Associate Professor with academic experience of 5 years. He hold a masters degree in Neurosciences and also has a respectable clinical experience in multiple Physiotherapy rehabilitations. He has many published research article in national and International peer-review journal.

13. Dr. Pooja Sharma (PT)

Designation: Associate Professor (Neurosciences)



Bio: Dr. Pooja Sharma is a distinguished Associate Professor in Physiotherapy with more than 5 years of academic experience specializing in Neurosciences.

14. Dr. Shruti Deshpande(PT)

Designation: Associate Professor (Neuroscienes)



Bio: Dr. Shruti Deshpande is an associate Professor with more than 5 years of academic experience. She has completed masters degree in Neurosciences.

15. Dr. Allen Tiwade (PT)

Designation: Associate Professor (Neurosciences)



Bio: Dr. Allen H. Tiwade completed his master of Physiotherapy in Neurosciences and has been shaping the future of physiotherapy for over five years as an educator, focusing on critical thinking, clinical reasoning, and practical skills. His teaching approach ensures students are well-prepared to meet the demands of modern patient care.

16. Dr. Amogh Kulkarni (PT)

Designation: Associate Professor(Musculoskeletal Sciences)



Bio: Dr. Amogh Kulkarni is an Assistant Professor with more than 3 years of academic experience in Physiotherapy.He holds masters degree in Orthopaedic Manual Therapy(MPT-OMT). He has a vast clinical experience of 7.5 years and also avid researcher in the field of Physiotherapy. He has presented poster at World Physiotherapy Congress, Tokyo, Japan-2025.

17. Dr. Manasi Sukhtankar(PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



Bio: Dr.Manasi Sukhtankar is an Assistant Professor with over 4 years of academic experience. she holds a Masters Degree in Musculoskeletal Sciences and is a certified proationer in Dry Needling, Myofascial therapy and Orthopaedic Manual therapy. She is also a qualified Nutritionist bringing a holistic approach in teaching.

18. Dr.PranaliChougule (PT)

Designation: Assistant Professor (Neurosciences)



Bio: Dr.Pranali Chougule is an Assistant Professor with 1.5 years of academic experience. She holds a masters degree in Neurosciences. She has an extensive clinical experience in geriatric and stroke rehabilitation, demonstrating strong expertise in these areas. She has contributed to research, with two articles published in international journals indexed in web of science.

Achievements: secured first rank in master's examination & recipient of academic excellence award.

19. Dr. Aditi Shah (PT)

Designation: Assistant Professor (Neurosciences)



Bio: Dr. Aditi Shah is an Assistant Professor with more than 4 years of academic experience. she has been keen researcher and has significantly contributed to the field through her publications and peerreview in various reputed journals of Physiotherapy. Her major areas of interest in research are spinal cord injury rehabilitation and paediatric rehabilitation.

Achievements: gold medalist and overall university topper from DAVV, Indore.

20. Dr. Gordon Miranda (PT)

Designation: Assistant Professor (Neurosciences)



Bio: Dr. Gordon Miranda(PT) is an Assistant Professor with 2 years with of experience including clinical practice and academics. He is certified vestibular rehabilitationist with keen interest in neurorehabilitation and balance disorders. Dr. Miranda is dedicated Physiotherapsit who integrates into patient care and teaching. He is also member of American Heart Association and the Movement Disorder (MDS), reflecting his commitment to continuous learning and excellence in the field of Physiotherapy.

21. Dr. Bhakti Kardile(PT)

Designation: Assistant Professor (Community Health and Rehabilitation)



Bio: Dr. Bhakti Kardile is an Assistant Professor with a master's degree in Community-Based Rehabilitation. She is a certified in range of advanced Physiotherapetic techniques, including Orthopaedic Manual Therapy, Pilates, Instrument-Assisted Soft tissue Mobilization (IASTM), cupping, Taping and Physiotherapy management for obstetric and gynaecological disorder. Her diverse expertise enhance her teaching and hands on- Practicals.

 $\label{lem:achievements: 1.2^{nd} rank in International SportsUnite Multidisciplinary conference, Bharati Vidyapeeth, Pune.}$

2. 2nd rank in poster presentation in national conference, Motiwala college of Physiotherapy conference ASSESSIOCON, Nashik,2024.

22. Dr.Snehal Solanki (PT)

Designation: Assistant Professor (Neurosciences)



Bio: Dr.Snehal Solanki is an Assistant Professor with 1.8 years of academic experience, she is a dedicated assistant professor holding a Master's degree from MAHE, Bangalore. She brings expertise in neonatal intensive care and early intervention rehabilitation. her passion for research drives her commitment to advancing knowledge and caring paediatric neurology.

23. Dr.Namita Bhandari (PT)

Designation: Assistant Professor (Neurosciences)



Bio: Dr. Namita Bhandari (PT) is an Assistant Professor with 2 years of academic experience and a Master's degree in Neurosciences. She brings a strong clinical background, having worked for 3.5 years prior to her academic role, including 1 year each in rural healthcare, tertiary-level hospital care, and ortho-trauma rehabilitation.

24. Dr. Mayuri Burkul (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



Bio: Dr. Mayuri A Burkul is an Assistant Professor working at Tilak Maharashtra Vidhyapeeth since 2 months. She holds Masters degree in Musculoskeletal Sciences. She has a vast clinical experience and She has won 1st prize for paper presentation in National Association of physiotherapist (IAP) 2024 Dehradun. 2'nd prize in INCPT 2023 for the paper presentation. She worked for special children rehabilitation for 1.5 years clinical practice.

25. Dr. Shweta Chaudhari (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



Bio: Dr. Shweta Chaudhari is an Assistant Professor with one month of academic experience .She holds a master degree in Musculoskeletal science.

26. Dr. Vrushali Durge (PT)

Designation: Assistant Professor (Community Health and Rehabilitation)



Bio: Dr.Vrushali Durge is an Assistant Professor as a fresher (1 month) of academic experience. She holds Masters degree in Community Based Rehabilitation. She also holds a 1 year of clinical experience.

27. Rasika Jadhav(PT)

Designation: Assistant Professor(Community Health and Rehabilitation)



Bio: Dr. Rasika Jadhav is an assistant Professor with masters degree in Community Health and Rehabilitation.

28. Dr. Pooja Pareek (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



Bio: Dr. Pooja Pareek is an assistant Professor in Musculoskeletal Speciality.

29. Dr. Apurva Vaidya(PT)

Designation: Assistant Professor (Cardiovascular and Respiratory Sciences)



Bio: Dr. Apurva Vaidya is a Assistant Professor in Cardiovascular and Respiratory Sciences.

30. Dr. Pooja Patil(PT)

Designation: Assistant Professor (Sports Physiotherapy)



Bio: Dr. Pooja Patil is an Assistant Professor, and has completed Maters degree in sports Physiotherapy. She possess valuable clinical experience in both hospital and rehabilitation settings.

31. Dr. Ashish Thakurdesai(PT)

Designation: Assistant Professor(Musculoskeletal Sciences)



Bio: Dr. Ashish Thakurdesai is an Assistant Professor and has completed his master's degree in Musculoskeletal Sciences.

32. Dr. Rashmi Kocheta(PT)

Designation: Assistant Professor (Neurosciences)



Bio: Dr. Rashmi Kocheta is an Assistant Professor and she has completed her Master's degree in Neurosciences.

33. Dr. Priyanka Piwal(PT)

Designation: Assistant Professor(Neurosciences)



View Bio: Dr. Priyanka Piwal is an Assitant Professor and she has completed her Master's degree in Neurosciences.